



“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

Creating a specific JKSSB Female Supervisor Study Plan for 6-month for the JKSSB Female Supervisor test entails dividing the course into manageable portions and assigning particular durations to each. The month-by-month table below outlines a detailed study plan. Please keep in mind that this plan is only a guide, and you may need to make adjustments based on your own learning pace and specific needs.



[Source: Jobsadda]

JKSSB Female Supervisor Study Plan: Details

If you're planning to take the JKSSB Female Supervisor exam for job security, you may be wondering how much time you'll need to prepare. When studying for the JKSSB Female Supervisor exam, it is necessary to take a strategic and targeted approach. The time required to prepare for JKSSB Female Supervisor depends on factors such as familiarity with the test structure, complexity level, and ability to determine the exam's difficulty and format. To gain a better understanding of the exam, read our blogs on [JKSSB Female Supervisor Syllabus](#) and [JKSSB Female Supervisor Eligibility](#) and understand [JKSSB Female Supervisor Exam Pattern](#).

JKSSB Female Supervisor Study Plan

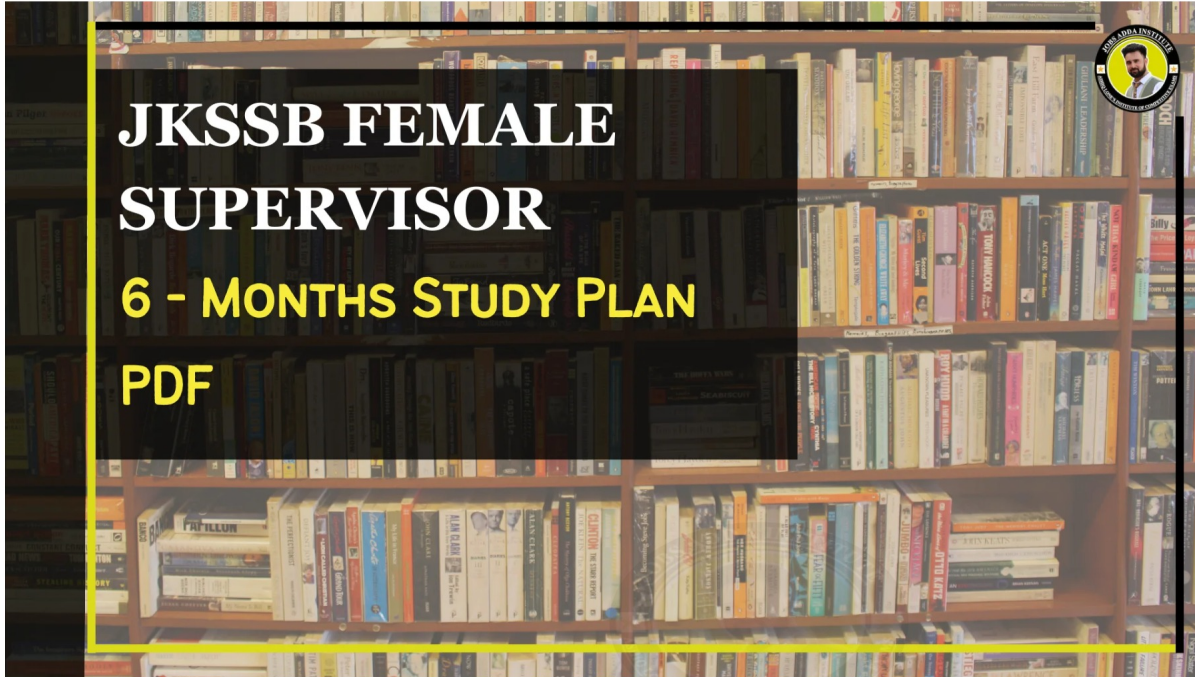
If you plan to take the JKSSB Female Supervisor, you have plenty of time to prepare. We have created a 6-month plan for you to begin your preparations step by step. Let's go over the key components of this proposal.





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF



[Source: Jobsadda]

- The JKSSB Female Supervisor Exam Pattern 2024 includes a single written exam with 120 questions covering six areas. Each subject has its own significance within the exam structure.
- The full test lasts 120 minutes. In terms of scoring, each question in the exam is worth one mark, for a total of 120 points for the full exam.

To obtain the JKSSB Female Supervisor Plan PDF, click the 'obtain PDF' button at the top of this blog. This strategy can be beneficial in your preparation journey. However, before we begin our Day-by-Day study schedule, we must first understand its significance.

Importance of JKSSB Female Supervisor Study Plan

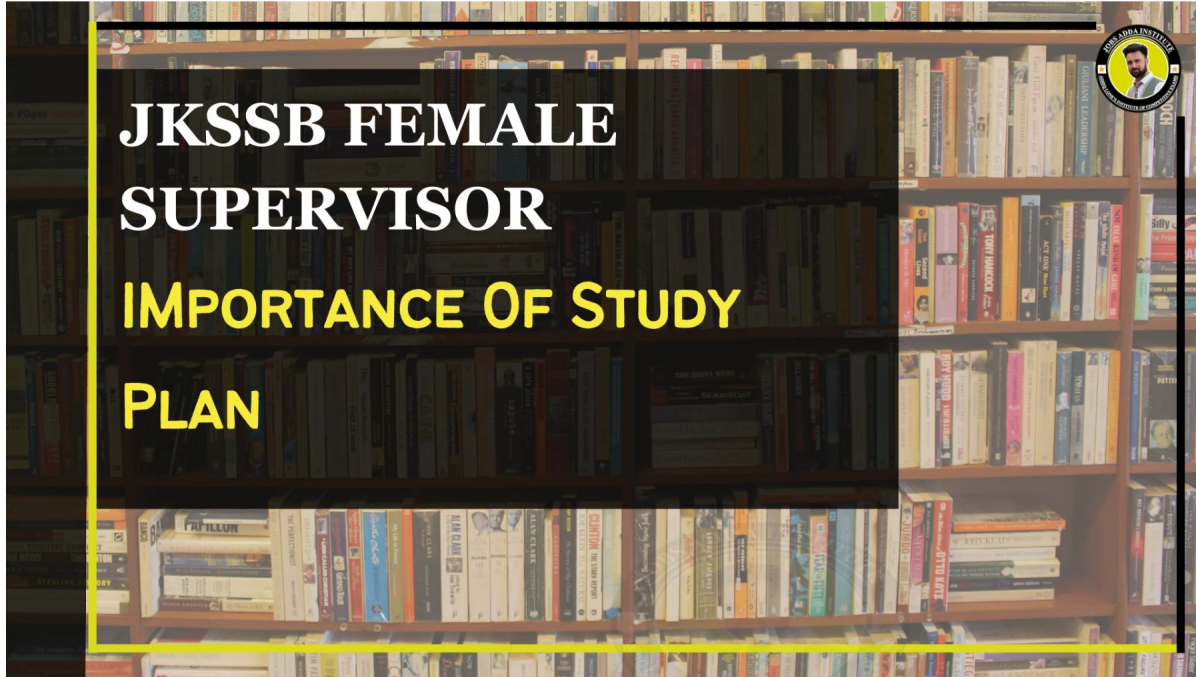
A well-organized and comprehensive study plan is essential for success on the Jammu and Kashmir Services Selection Board (JKSSB) Female Supervisor Exam. The need of a study strategy for this exam cannot be emphasised, and the following are some significant reasons why:





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF



[Source: Jobsadda]





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

- **Syllabus Coverage:** The JKSSB Female Supervisor Exam includes a wide range of subjects, such as General English, Numerical Ability, Computer Knowledge, Nutrition and Health, Child Development, Women's Rights, and legal and constitutional concerns. A study plan guarantees that you logically cover all of these topics.
- **Optimal Time Management:** With a detailed study schedule, you may successfully allocate time to each subject, ensuring that you devote enough attention to each area within the timeframe specified.
- **Strengths and shortcomings Identification:** The study plan includes regular assessments and practice exams that will help you discover your strengths and shortcomings. This enables targeted improvement in areas that require it the most.
- **Systematic Approach to Learning:** A study plan takes a systematic approach to preparation, breaking down the large syllabus into achievable daily and weekly activities. This ensures that you thoroughly address all themes.
- **Practice and Application:** The study schedule includes regular practice sessions and mock examinations. This not only reinforces your learning but also allows you to apply your information in a timed, exam-like setting.
- **Revision strategy:** Scheduled revision sessions in your study plan allow you to explore and reinforce previously studied content. Regular revision is essential for improving retention and memory throughout the exam.
- **Exam Anxiety Reduction:** A well-structured study plan helps to lessen exam anxiety by giving a clear route. Knowing that you have studied all relevant topics and rehearsed thoroughly boosts confidence.
- **Adaptability to Exam Format:** The JKSSB Female Supervisor Exam has a distinct format and question style. A study plan that includes sample papers and previous year's question papers will help you become familiar with the exam format.
- **Goal Setting and Motivation:** The study plan allows you to create daily and weekly goals, which gives you a sense of purpose and success. Achieving these goals provides incentives throughout the preparatory time.
- **Resource Optimisation:** It aids in the efficient use of study resources by focusing on high-priority themes and minimizing extraneous information. This helps you get the most out of your study resources.
- **Consistency in Preparation:** A study plan promotes consistent and disciplined studying habits. Following a schedule helps to keep a consistent pace of preparation across the specified time frame.
- **Increased Efficiency:** A well-organized study schedule improves overall efficiency by reducing time waste and ensuring that each study session contributes to exam preparation.

JKSSB Female Supervisor Study Plan 2024: 6 Months Strategy

Week-wise Plan for 1st Month of JKSSB Female Supervisor Study Plan

During the first month of preparation, we will mostly focus on the previous year's papers.





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

	Weekwise Plan
	General Awareness with special reference to UT of J&K. - Week 1
Month 1	General English & Comprehension - Week 2
	General Intelligence & Reasoning- Week 3
	General Science - Week 4

By the conclusion of the first month, you would have thoroughly reviewed numerous previous year's papers. As a result, you will have a thorough understanding of the exam pattern and level.

Week-wise Plan for 2nd Month of JKSSB Female Supervisor Study Plan





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

	Weekwise Plan
	Computer (Application Based) - Week 1
	Specialization - Week 2 Unit-1 <ul style="list-style-type: none">• Society, Community, Association• Social Stratification: Caste, Class and Social Stratification in India• Social Institutions: Norms, Values, Folkways and Mores• Marriage, Kinship and Family• Social Change: Industrialization, Globalization, Modernization
Month 2	Specialization- Week 3 Unit-2 <ul style="list-style-type: none">• Gender Inequalities and Issues• Gender Law and Human Rights• Stages and Theories of Human Development (Freud, Erikson)• Socialization and its theories• Anxiety Disorders: Phobia, OCD, GAD, PTSD, Panic Disorder
	Specialization - Week 4 Unit-3 <ul style="list-style-type: none">• Human Rights: Concept and Evolution• Universal Declaration of Human Rights• Understanding Sex, Gender, Sexual Division of Labour• Women's Rights/ Child Rights• Social Evils- Child Abuse, Child Labour, Female Foeticide, Infanticide and Drug Addiction





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

Above all, remember that you should not go on to the next month's plan without first finishing the previous month's study plan.

Week-wise Plan for 3rd Month of JKSSB Female Supervisor Study Plan





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

	Weekwise Plan
	Specialization - Week 1 Unit-4 <ul style="list-style-type: none">• Poverty and Unemployment• Population Explosion, Global Warming and Climate Change• Indicators of Social Development• Trafficking, Beggary, Corruption
	Specialization- Week 2 Unit-5 <ul style="list-style-type: none">• Growth and Development• Food, Nutrition, Health and Fitness• Physiology and Promoting Health• Food Science and Processing• Chemical analysis of food• Food and Personal Hygiene
Month 3	Specialization- Week 3 Unit-6 <ul style="list-style-type: none">• Government and Non-Governmental Programs- Medical Health Care, Adoption, Foster care, Institutional Care, Children Act and Children Rights• Health and Family Welfare Programs• Early childhood care and education• Old age and Disability Schemes• Poshan Abhiyan, Poshan Tracker, Poshan Vatikas, Supplementary Nutrition Program• PMMVY, SAG, JSY, NHM• Paalna• Ladli Beti Schemes, State Marriage Assistance Schemes etc.





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

By the conclusion of month three, you would have built a solid foundation and practiced numerous beginner-level questions. So, in the coming months, we will increase the difficulty levels.

Week-wise Plan for 4th Month of JKSSB Female Supervisor Study Plan





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

	Weekwise Plan
	Revision of General Intelligence & Reasoning and General Science Solve Previous Year Question Papers - Week 1
	Revision of Computer and Current Affairs Solve Previous Year Question Papers - Week 2
Month 4	Revision of Specialization Unit-1 <ul style="list-style-type: none"> • Society, Community, Association • Social Stratification: Caste, Class and Social Stratification in India • Social Institutions: Norms, Values, Folkways and Mores • Marriage, Kinship and Family • Social Change: Industrialization, Globalization, Modernization Unit-2 <ul style="list-style-type: none"> • Gender Inequalities and Issues • Gender Law and Human Rights • Stages and Theories of Human Development (Freud, Erikson) • Socialization and its theories • Anxiety Disorders: Phobia, OCD, GAD, PTSD, Panic Disorder - Week 3
	Revision of Specialisation Unit-3 <ul style="list-style-type: none"> • Human Rights: Concept and Evolution • Universal Declaration of Human Rights • Understanding Sex, Gender,





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

By the conclusion of Month 4, you would have established consistency and flow, increasing your confidence.

Week-wise Plan for 5th Month of JKSSB Female Supervisor Study Plan





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

	Weekwise Plan
Month 5	Revision of Specialisation Unit-5 <ul style="list-style-type: none"> • Growth and Development • Food, Nutrition, Health and Fitness • Physiology and Promoting Health • Food Science and Processing • Chemical analysis of food • Food and Personal Hygiene Unit-6 <ul style="list-style-type: none"> • Government and Non-Governmental Programs- Medical Health Care, Adoption, Foster care, Institutional Care, Children Act and Children Rights • Health and Family Welfare Programs • Early childhood care and education • Old age and Disability Schemes • Poshan Abhiyan, Poshan Tracker, Poshan Vatikas, Supplementary Nutrition Program • PMMVY, SAG, JSY, NHM • Paalna • Ladli Beti Schemes, State Marriage Assistance Schemes etc. - Week 1
	Revision Of Notes And Solve Previous Year Questions <ul style="list-style-type: none"> • General English & Comprehension • General Knowledge with Special Reference of UT of J&K Week 2
	Revision Of Notes And Solve Previous





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

Week-wise Plan for 6th Month of JKSSB Female Supervisor Study Plan





“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

Weekwise Plan	
Revision Of Notes and Solve Previous Year Questions	
Specialization	
Unit-1	
<ul style="list-style-type: none"> • Society, Community, Association • Social Stratification: Caste, Class and Social Stratification in India • Social Institutions: Norms, Values, Folkways and Mores • Marriage, Kinship and Family • Social Change: Industrialization, Globalization, Modernization 	
Unit-2	
<ul style="list-style-type: none"> • Gender Inequalities and Issues • Gender Law and Human Rights • Stages and Theories of Human Development (Freud, Erikson) • Socialization and its theories • Anxiety Disorders: Phobia, OCD, GAD, PTSD, Panic Disorder 	
Unit-3	
<ul style="list-style-type: none"> • Human Rights: Concept and Evolution • Universal Declaration of Human Rights • Understanding Sex, Gender, Sexual Division of Labour • Women's Rights/ Child Rights • Social Evils- Child Abuse, Child Labour, Female Foeticide, Infanticide and Drug Addiction 	
Week 1	
Revision Of Notes and Solve Previous Year Questions	



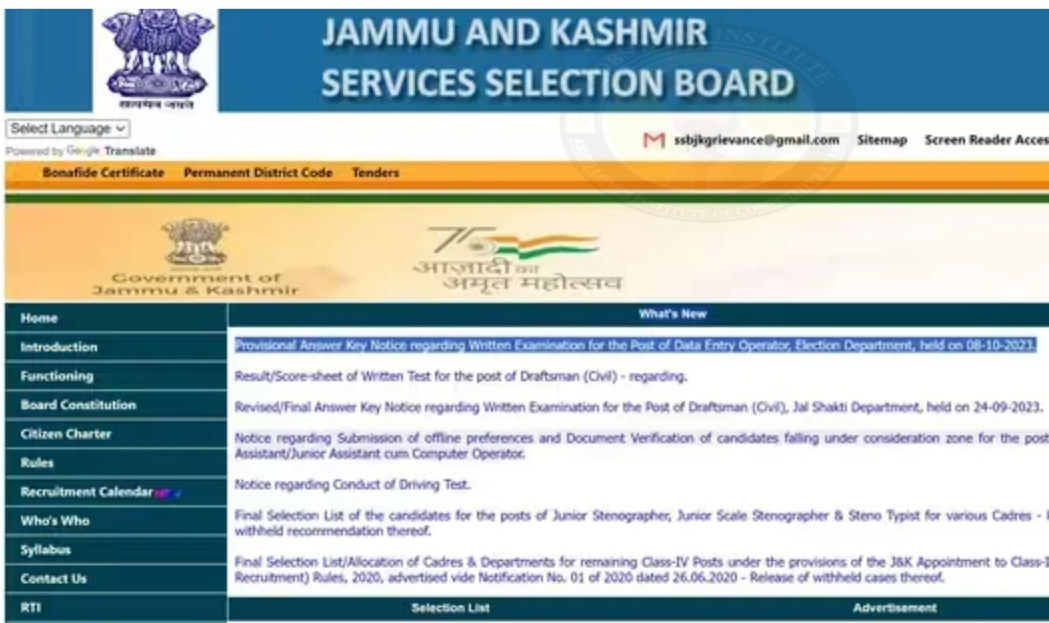
“Teacher is not a king but he knows how to make a king”

6 Months Study Plan for JKSSB Female Supervisor: Get PDF

By this point, you'll have completed the entire study plan. As a result, you are 100% closer to achieving your goal.

General Tips for JKSSB Female Supervisor Exam

- **Consistency is key:** Stick to your study routine and aim to study at the same time every day.
- **Regular rests:** Take small rests between study sessions to refresh your mind.
- **Self-Assessment:** Evaluate your progress regularly and change your study strategy as needed.
- **Stay Updated:** Keep up with current events and any changes to the exam pattern.
- **Join Study Groups:** Consider joining study groups or forums to discuss your doubts and share expertise with other aspirants.
- **Seek Guidance:** If you're having trouble grasping a topic, don't be afraid to seek help from teachers, mentors, or internet resources.



The screenshot shows the official website of the Jammu and Kashmir Services Selection Board. The header includes the board's name and logo, a language selection dropdown, and contact information (ssbjkgrievance@gmail.com). Below the header, there are navigation links for 'Bonafide Certificate', 'Permanent District Code', and 'Tenders'. The main content area features a 'What's New' section with a table of recent notices and announcements, including dates and brief descriptions of the exams and results.

Home	What's New
Introduction	Provisional Answer Key Notice regarding Written Examination for the Post of Data Entry Operator, Election Department, held on 08-10-2023.
Functioning	Result/Score-sheet of Written Test for the post of Draftsman (Civil) - regarding.
Board Constitution	Revised/Final Answer Key Notice regarding Written Examination for the Post of Draftsman (Civil), Jai Shakti Department, held on 24-09-2023.
Citizen Charter	Notice regarding Submission of offline preferences and Document Verification of candidates falling under consideration zone for the post Assistant/Junior Assistant cum Computer Operator.
Rules	Notice regarding Conduct of Driving Test.
Recruitment Calendar	Final Selection List of the candidates for the posts of Junior Stenographer, Junior Scale Stenographer & Steno Typist for various Cadres - & withheld recommendation thereof.
Who's Who	Final Selection List/Allocation of Cadres & Departments for remaining Class-IV Posts under the provisions of the J&K Appointment to Class-IV Recruitment] Rules, 2020, advertised vide Notification No. 01 of 2020 dated 26.06.2020 - Release of withheld cases thereof.
Syllabus	
Contact Us	
RTI	Selection List Advertisement

[Source: JKSSB]

Remember that this study schedule is only a suggestion; you may need to modify it depending on your learning rate and preferences. Consistent effort, effective study tactics, and a positive attitude can help you succeed in the JKSSB Female Supervisor exam.

This study plan is a thorough guide that covers the material and lays a solid basis for the JKSSB Female Supervisor exam. Remember to tailor it to your talents, weaknesses, and personal preferences. Consistency, self-control, and a good attitude are essential for success in any competitive examination. Good luck!

